

PAUL  
depuis 1889



Lunch Menu



## PAUL, bakers at heart

In 1889, when my great-great grandparents opened their first bakery, they would never have imagined that one day their passion for bread would take us so far away from France... and that you would welcome us so warmly to UAE!

With more than 137 years of history, we are truly happy to continue sharing our most important values with you, those which have been passed down through 5 generations of our family: love for bread, the French "art de vivre" and the constant monitoring of the quality of our products...

Wonderfully combining tradition and modernity, our chefs have created the best platters for you: generous salads topped with the best ingredients, traditional dishes with a creative twist, and your favourite mouth-watering patisseries...

You will also find some favourite local dishes using local ingredients and spices but each dish has been given a small French touch.

Sit down, relax, and let your savoury journey to France begin here.

Bienvenue chez PAUL et... bon appétit !

Maxime HOLDER  
Chairman  
PAUL International



## Eat well, well-being

Because we have been feeding people since 1889, we know that, at any age, pleasure must be associated with well-being.

In this respect, PAUL offers you a range that is both nutritionally balanced and full of taste. A range that has been conceived so that we can offer you something for every occasion.

At breakfast, lunch or dinner, taste our high-quality products all made especially for you by our teams, ensuring authenticity, emphasising the natural ingredients whilst being attentive to the need for a balanced diet.

We hope that you will enjoy this new range as much as we have enjoyed bringing it all together for you.



WELL-BEING RANGE



VEGETARIAN - No meat, no fish, but may contain eggs or dairy products.

# All Day Brunch



## Truffle Scrambled on Toast **New** 68

Shavings of black truffle on fluffy scrambled eggs, served on top of brioche bread, served with a side salad.



## Triple Avocado Smash **New** 59

Crushed avocado, served on top of a slice of toasted ancient bread, garnished with crispy cashew cereal.

Add egg 8

## Poached Eggs and Caramelized Dauphinois Potatoes 56

Poached eggs, caramelized potato gratin dauphinois, rosemary and thyme infused parmesan sauce, served with a side salad.

## Labneh Harissa and Fermented Olives 54

Poached eggs, creamy labneh infused with dehydrated olive dukkha and hazelnut za'atar, bathed in a spiced beurre noisette, served with fougasse bread on the side.



## Halloumi Pesto Quinoa 74

Quinoa, pesto, chia crackers, grilled halloumi, avocado, sweet potato, chickpeas, rocket leaves, served with mandarin dressing. Topped with your choice of poached or boiled egg.



## Filet Mignon and Parmesan Omelette 109

Paired with a sous vide tenderloin steak, parmesan omelette, roasted baby potatoes with chimichurri sauce.

# Appetizers & Soups



## Salmon Tartare 82

Chilled fresh raw salmon and avocado tartare with citrus vinaigrette. Served with toasted bread stick.



## Potato Truffle Pavé 78

Layered lemon potato pavé with truffles and creamy snow parmesan.

Without truffle: 49

## Truffle & Parmesan Fries 39

Crispy golden fries tossed with a generous dusting of freshly grated parmesan and parsley, topped with shavings of fresh black truffle.

## French Fries 32

Rustic, hand-cut fries with skin on, fried until golden, served with light mayo.



## Garlic Baguette 44

Classic French toasted baguette, stuffed with garlic, cheese, and oregano.



## Crusted Feta Chili Honey 59

Feta, coated in black and white sesame, chili honey, served with fougasse bread.

# Appetizers & Soups



## Horseradish Salmon Pizzetta 82

Smoked salmon, horseradish cream cheese, green peas, rocca, watercress, parmesan tomato salsa, placed on toasted PAUL bread.



## Traditional Onion Soup 39

Onion and melted cheese served in our homemade bread bowl.



## Mushroom Soup 39

A mix of fresh button and shiitake mushrooms, cream, topped with a sprig of thyme.



## Red Lentil Soup 39

Red lentil, lemon juice, coriander, sun-dried tomato, served with crouton on the side.

# Sandwiches



## Steak Frites French Dip 🌾🥚🥛🧄 82

Sautéed beef tenderloin in browned rosemary butter, mushrooms, horseradish mayo, potato fries topped with melted Emmental cheese, served aside with beef jus and with our hand cut french fries.

## Croque Monsieur 🌾🥚🥛 69

Classic French open-faced sandwich with veal ham and gruyere cheese on crispy bread, served with a side salad.

Add egg: the Croque-Madame version, topped with your choice of poached or fried egg.



## Spicy Tuna and Avocado Sandwich 🌾🥚🥛🧄🌶️ 59

Tuna mousse, avocado, tomato, jalapeño, pesto in a crispy brown ciabatta, served with a mixed green salad.



## Smoked Salmon 🌾🥚🥛🧄 72

Smoked salmon, cream cheese, onion rings, rocca and capers in multigrain bread, served with a mixed green salad.

## Chicken Avocado 🌾🥚🥛🧄 72

Pan-seared chicken, avocado, tomato, emmental cheese, garlic mayonnaise, in soft bread, served with french fries and mixed green salad.

## Smoked Turkey 🌾🥚🥛 54

Smoked turkey with mayo mustard spread, pickles, fresh tomatoes and lettuce in polka bread, served with a side salad.

## Veal Ham Fromage Baguette 🌾🥚 64

Classic veal ham and Emmental cheese, on salted peppered burnt butter, served with a side salad.





# Clubs & Burgers



**Beef Katsu Sando** New      **79**


Crispy beef katsu tenderloin with wasabi truffle mayo, served in sando bread with furikake fries.



**Bistro Burger**     **72**

Juicy beef patty, layered with aged cheddar cheese, crispy grilled onion, umami dill sauce, all nestled on a toasted soft bun, served with seasoned French fries.



**Club "The Classic"**    **72**

Grilled chicken breast, smoked veal ham, fried eggs, melted gruyere cheese, pickles, tomato, lettuce, mayonnaise and mustard sauce on toasted bread served with French fries.





**Crunchy Chicken Slaw Burger**     **64**

Flaked crispy chicken breast, honey mustard, pickles, sriracha honey aioli, crispy slaw, in a toasted soft bun, served with French fries.



# Salads






**Sesame Chicken New**      **68**  
 Sesame togarachi chicken, mixed leaves, red and white cabbage, wild rocca, ginger pickles, peanuts and cashew tossed with yuzu citrus dressing.

**"Fermière"**   **66**  
 Mixed lettuce topped with marinated grilled chicken, fresh green apple slices, walnuts, raisins, grated Emmental cheese and carrots served with balsamic dressing.







**Salmon Kale Quinoa**   **84**  
 Raw salmon sashimi, avocado, hydrated crispy quinoa, mixed greens, red cabbage, kale, and bean sprouts, mixed with organic heirloom carrot ribbon, and yuzu citrus dressing.  
 You can substitute with: Smoked salmon



**Baby Gem Chicken Caesar**    **72**  
 Grilled chicken breast, little gem lettuce, parmigiano-reggiano caesar dressing, crispy croutons, and shaved parmesan.



**Goat Cheese Brûlée & Strawberries**     **76**  
 Honey-brûlée goat cheese, mixed with crispy greens and arugula, dressed in a light balsamic vinaigrette, tomatoes, cucumber, topped with sweet caramelized pecans and strawberries.

# Salads



## BBQ Steak & Avocado

82

Grilled tenderloin steak sautéed in smokey BBQ sauce, avocado, cherry tomato, mixed lettuce, fresh spinach, baby corn, crispy onion flakes, served with sesame vinaigrette dressing.

## Salmon Citrus Quinoa

Quinoa mixed with pomegranate, edamame, avocado and mango, infused in citrus dressing.

Add on:

Grilled Salmon/Shrimp **74**

Grilled Chicken **64**

Poached Shrimp **76**



## Avocado Fraîcheur

59

Mixed lettuce with avocado, rocca, spinach, red radish, tomato, cucumber, fresh mint, roasted almonds, sun-dried tomatoes, spring onions and green thyme served with balsamic dressing.



## Crab & Salmon

78

Fresh rocca, mixed green, fresh avocado and tomato slices served with lemon dressing.



## Chicken & Corn Bowl

82

An ultimate combination of mango chutney chicken, fresh grilled corn, fresh avocado, salsa, edamame, red beans, mozzarella cheese, lettuce mixed with orange dressing.

# Pasta and Risotto



**Chicken Pesto Fusili** **New**      **76**

Chicken with al dente fusilli tossed in a vibrant, basil pesto and parmesan cream.





**House Lasagna**    **72**

Fifty layers of grilled, parmesan-crusting lasagna.



**Chicken Tagliatelle**      **78**

Tagliatelle in fresh cream, pan-seared chicken, pine nuts, sun-dried tomato, parmesan shavings, and fresh rosemary.

**Pappardelle Bolognese**     **69**

Wide ribbon pappardelle pasta tossed in a rich bolognese tomato sauce, finished with grated parmesan cheese.



 **Truffle Mushroom Risotto**   **89**

Rich and creamy parmesan truffle risotto, with a mix of portobello, shimeji, and button mushrooms.

Without truffle: **69**



**Shrimp Burrata Rose**      **79**

Linguini in rose sauce, shrimps, burrata, chilli garlic oil, and crispy onion.






# French Traditions



**Chicken Suprême New**   **98**

Pan-seared corn fed chicken suprême served alongside crème fraîche mashed potatoes and a delicate, herb-infused suprême sauce.



**Traditional "Entrecôte Frites"**      **144**

A signature French dish, featuring a perfectly grilled Australian rib eye steak, served with our hand cut french fries, and a traditional entrecôte sauce.



**Amandine Seabass Meunière**      **119**

Pan-seared sous vide seabass, toasted slivered almonds, capers in lemon butter sauce, served with dauphinois potatoes.



**Chicken Cordon Bleu**     **94**

Fried chicken breast stuffed with turkey and cheese, served with sautéed veggies, mashed potatoes, and your choice of our homemade sauce.

# More Mains




**Salmon Bowl**   

124

Fresh grilled salmon, sesame mix rice, avocado, edamame, broccoli, cashew, served with a healthy lime soya dressing.



**Chicken Al Limone**    

89

Pan-seared chicken breast, heirloom organic rainbow carrots, crunchy crumble, and linguini pasta, all coated in a light and flavorful amandine lemon butter sauce.



**Grilled Beef Tenderloin** 

124

Served with mashed potatoes, sautéed vegetables, and your choice of our homemade sauce.










 **Healthy Grilled Chicken** 

89

Herbs marinated chicken breast, served with grilled vegetables and your choice of our homemade sauce.

## Our selection of home-made sauces

- Mushroom  
- Pepper  
- Lemon Butter 
- Lime Soya 
- Meunière 
- Chimichurri

# Desserts



## Chocolate Fondant 🌱🥚🥛🥜🌱 48

Valrhona dark chocolate melted fondant topped with dark chocolate shavings, served with vanilla ice cream.



## French Toast 🌱🥚🥛🥜🌱 46

PAUL's baked brioche, packed with creamy vanilla, served with vanilla ice cream and garnished with red fruits.

## Hazelnut Pain Perdu 🌱🥚🥛🥜🌱 48

PAUL's baked croissant garnished with chocolate and hazelnuts, served with vanilla ice cream.



## "Traditional" Crème Brûlée 🥚🥛 48

A French dessert composed of a rich, creamy custard base under a caramelized crust.



## Caramelized Tropicienne Crêpe 🌱🥚🥛🥜🌱 44

Crêpe filled with tropézienne cream in strawberry sauce, topped with caramelized custard and fresh strawberries.

# Pastries



**Chocolate Tartlet**  23

Rich dark chocolate ganache in a crisp sweet pastry shell.

**Strawberry Tartlet**  26

PAUL signature fresh strawberries arranged over smooth pastry cream in a crisp sweet tart shell, lightly glazed for bright sweetness.


**Lemon Tartlet**  23

PAUL signature zesty lemon cream in a crisp sweet tart shell, finished with a light glaze for bright, refreshing flavour.



**Apricot Anglaise**  19

PAUL signature flaky buttery pastry filled with tender apricots and light custard, offering a bright, gently caramelized fruity delight.


**Apple Tartlet**  19

Thin buttery pastry topped with tender baked apples, lightly caramelized and glazed for a crisp, delicately sweet finish.



**Flan Normand**  25



**Macaron (Raspberry/Vanilla/Chocolate/Pistachio)**  25

# Pastries



**Strawberry Millefeuille** 🌾🥚🥛 26

PAUL signature layers of crisp caramelized puff pastry with vanilla cream and fresh strawberries.

**Vanilla Millefeuille** 🌾🥚🥛 26

PAUL signature layers of crisp caramelized puff pastry with vanilla cream.

**Chocolate Millefeuille** 🌾🥚🥛🍫 26

PAUL signature layers of crisp caramelized puff pastry with chocolate cream.



**Strawberry Cheesecake** 🌾🥚🥛 26

Creamy cheesecake layered with sweet strawberry topping on a buttery base.



**Chocolate Éclair** 🌾🥚🥛🍫 24

PAUL signature light choux pastry filled with rich chocolate cream and topped with smooth glossy chocolate icing.



**Strawberry Éclair** 🌾🥚🥛 24

A light choux pastry filled with silky strawberry cream and topped with fresh berries.

# Beverages

## TEA INFUSION



### Cold Brew Hibiscus Berry 28

Smooth mellow combination of cold brew hibiscus infused with blackcurrant and natural honey.

### Chamomile Yuzu 32

A refreshing fusion of cold brew chamomile tea with a Japanese twist.



### Passion Surprise 32

A thirst-quenching blend of passion fruit, cold brew chamomile tea and sage.

## MATCHA SELECTION



### Matcha Latte (Hot/Iced) 32

Indulge in the exquisite experience of Japanese tradition with a rich, velvety smooth texture.

### Matcha Whipped Coffee 32

Smooth matcha topped with airy whipped coffee for a bold, creamy contrast.

### Matcha Affogato 32

Creamy ice cream finished with a warm pour of earthy matcha.

## FRESH JUICES

### Orange, Orange & Carrot, Carrot, Kiwi, Mango, Strawberry (32) 29

## CLASSIC COFFEES

Espresso (S/D)	16 / 22
Café Crème	24
Cappuccino	24
Flat White	24
Cortado	22
Piccolo	19
Americano	24
Mocha	26

Alternative milk substitutes:

Coconut / Almond / Oat / Soy 6

# Beverages

## SMOOTHIES



### Heart Beet

32

A heartfelt combination of beetroot, avocado, and apple garnished with a beetroot tuile.



### Greenfields

32

Crisp tropical fruits combined with fresh spinach and a hint of ginger.



### "Miel et Soleil"

32

Mango nectar blended with passion fruit and a pinch of turmeric, garnished with sumac and fresh tropical mango.

### Bluebanana

32

A duo of blueberries and banana.

### Passion Mango Smoothie

32

A tropical-thirst quencher of passion fruit and mango with a handful of fresh mint leaves.

### PAUL Mix

32

A flavour adventure of fresh kiwi, mango juice, and fresh strawberry juice.

## TEA SELECTION

Thé noir Breakfast, Thé noir Vanilla, 24

Thé noir Earl Grey, Thé vert Menthe,

Thé vert Yunann, Camomille

### Sip and savor the difference!

Our drinks are freshly made with real, natural flavors.



## SIGNATURE COLLECTION



### Spanish Latté (Hot/Iced)

Our signature method of making a Spanish latté, creating a rich-velvety and smooth-creamy texture.

### Caramel Cappuccino

Coffee, caramel and velvety frothed milk, drizzled with indulgent caramel on top.

### Vanilla Almond Latté

Almond milk, coffee, with Madagascar vanilla sprinkled and roasted almond flakes.

### Cinnamon Honey Latté

Velvety smooth latte spiced up with cinnamon and natural honey.

### "L'Onctueux" Hot Chocolate

Rich, velvety chocolate melted into warm milk for a comforting classic.

## OTHER DRINKS

Acqua Panna (Small/Large) 18 / 29

Sparkling Water (Small/Large) 24 / 34

Soft Drinks 17

## COMFORT & INDULGENCE



### Chocolate Duo Café Frappé

Indulgent rich chocolate and crunchy coffee beans topped with whipped cream, dark chocolate sauce and toffee caramel.

### Coffee Frappé

An improved recipe of rich-flavour coffee with a creamy and indulgent taste.

### Mocha Frappé

A combination of dark & milk chocolate with coffee with whipped cream and a chocolate pearl finish.

### Salted Caramel Frappé

Indulgent salted caramel blended with coffee, milk and a caramel drizzle.

### Low-Calorie Frappé

Selection of caramel or hazelnut.

### Frozen Mint Lemonade 29

An icy blend of zesty lemon and cool mint.

### Shaken Homemade Iced Tea 24

Selection of lemon or peach.

**Sip and savor the difference!**

Our drinks are freshly made with real, natural flavors.



**ENCOURAGE**  
a balanced diet

**REDUCE**  
the impact of our packaging

**SUSTAIN**  
actions of solidarity

**SELECT**  
Wheat flour for  
our bread

**BAN**  
artificial colours and  
flavours

**DEVELOP**  
vegetarian offerings

**SUPPORT**  
animal welfare

**FIGHT**  
against food wastage

**FACILITATE**  
access to employment



**NUTRITION,  
ENVIRONMENT,  
COMMUNITY,  
PAUL commits**

